

CONSENT UNDER THE DATA PROTECTION REGULATIONS 2018

In attending Moya Mohan, Counsellor and Psychotherapist at 45 Wine Street, Sligo, I consent to her keeping such notes and personal data, including contact information, texts and emails as may pertain only to the therapeutic process being undertaken by her on my behalf . Such notes will be held for the period required by her regulatory body, namely the Irish Association for Counselling and Psychotherapy (currently 7 years). Such personal data, notes, contact details and text messages and emails will be kept confidentially and used only for the purpose of affording you the best possible therapeutic interventions and for supervision purposes only. In the event that the client is a child or young person, a parent or guardian may give such consent for or on behalf of the child or young person.

You have a right to access such data or information held, and any request should be made in writing, whereupon you have the right to have such data made available within a period of one month and free of charge. If you believe there is an inaccuracy in any of the records or data, you may ask for it to be corrected by agreement .

You may, in addition request that the personal data and other such information referred to be transferred to another party free of charge. You may also ask for such personal data or portions of same to be erased, in advance of the time specified by the abovenamed regulatory body, however such request, must fall within the limitations and requirements set out in the Data Protections Regulations 2018, full details of which are available online at <https://www.dataprotection.ie/docs/GDPR>. You are free to ask any questions you may have related to the above at any time.

******* Prepared by Moya Mohan, Psychotherapy and Mediation – May 2018 *******